autumn day
2017
Autumn Day Parking Information

- The Autumn Day festivities are on Sat., Oct. 21, from 10 a.m. - 4 p.m.
- Employees who park in the parking lots across from the Berks and Goodyear buildings can only park in the first parking lot (closest to the Human Resources/Compliance Offices) on Thurs., Oct. 19 and Fri., Oct. 20.
- Employees may use the parking lot at Sell Chapel (if there is not a funeral scheduled), Shrine Road, Eisenlohr buildings or at the Freemasons Cultural Center on Thurs. Oct. 19, and Fri., Oct. 20.
- The Masonic Villages Board of Directors will be parking in the second parking lot on Thurs., Oct. 19 and Fri., Oct. 20.
- Residents will move their vehicles from their two parking lots (closest to the Dauphin Building) by Wed. evening, Oct. 18, and will park their vehicles in the parking lot located between Service and Shrine roads on Thurs., Oct. 19 to Mon., Oct. 23.
- Tents will be set up in the two resident parking lots (closest to the Dauphin Building) across from the Berks Building for the Autumn Day festivities on Thurs., Oct. 19, and taken down on Mon., Oct. 23.

- On Autumn Day, Sat., Oct. 21, starting at 8 a.m., employees must enter Masonic Village using Amosite Road (located off Bainbridge Road) and must show the traffic attendant their employee badge to enter the grounds. This will be in effect until 4 p.m. This also applies if someone is dropping you off.
- Starting at 8 a.m., employees driving or being dropped off who enter via Freemason Drive or Shrine Road will be directed into Autumn Day visitor parking areas, without exception.
- Employees are to park at the Masonic Health Care Center. Employees who normally park at the Retirement Living Clubhouse may continue to do so.
- Employees may NOT park at the Freemasons Cultural Center, Model Railroad Club, Grand Lodge Hall, Sell Chapel, McKee, Child Care Center, Berks, Goodyear or Human Resources/Compliance Office parking lots. These parking areas will be used for handicapped parking. If you have questions, please contact Beverly Sweigart, chief administration officer, at ext. 33488. We appreciate your cooperation during this event.

Years of Service Recognition

The following are corrections to the Employee Years of Service Recognition Program that will be held on Wed., Nov. 8, at noon, in the Brossman Ballroom, Freemasons Cultural Center. We apologize for missing the following employees with continued dates of service in the previous issue of the “Teambuilder.” Invitations will be mailed to the honorees. Lunch will be served at noon followed by the awards presentation and remarks from Cindy Phillips, executive director. We hope you will attend this event, and we look forward to receiving your reply to the written invitation by Wed., Oct. 11. The employees being recognized this year include:

5 years
Darian Bowers
James Manton
Deb Shaffer

10 years
Steven Shenigo

15 years
Eileen Ensminger
Todd Pawuk

20 years
Robert Stephens
Lee Winters

25 years
Sheree Beard
Charma Malanoski

30 years
Barb Spotts

40 years
Carol Mendez
Flu Vaccination Schedule

It is time for the mandatory flu vaccine! We need you to help keep residents, volunteers and coworkers flu-free. Those who have opted out from receiving the flu vaccination will need to wear a mask during flu outbreaks. If you need to be exempted from receiving the vaccine due to medical or religious reasons, you will need to complete the [Medical Exemption Form](#) or the [Religious Exemption Form](#).

When you plan to receive your vaccine, remember to wear clothing with short sleeves, and if you are 65 and older, please communicate that to the person administrating your vaccination.

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<thead>
<tr>
<th>Date</th>
<th>Time</th>
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<tbody>
<tr>
<td>Mon., Oct. 16</td>
<td>6 a.m. - noon, 1 - 4 p.m.</td>
<td>Clinics area (First floor)</td>
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<tr>
<td>Wed., Oct. 18</td>
<td>6 a.m. - noon, 1 - 4 p.m.</td>
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<td>Thurs., Oct 19</td>
<td>8 a.m. - noon</td>
<td>Keystone Room, Clubhouse</td>
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<td>Fri., Oct. 20</td>
<td>6 a.m. - noon, 1 - 4 p.m.</td>
<td>Clinics Building Conference Room (Third floor)</td>
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<td>Sat., Oct. 21</td>
<td>6 - 11 a.m.</td>
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Cindy Phillips, executive director, invites you to attend her WHY meetings to find out about things happening on our campus and to get answers to questions you may have.

Oct. 18, at 11:30 a.m. in the Keystone Room - James Buchanan
Nov. 7, at 8 a.m. in the Deike Auditorium - Freemasons Cultural Center
Nov. 15, at 10 a.m. in the Village Café - Masonic Health Care Center

No meeting in December
**Open Enrollment and Benefits Fair**

Open enrollment will occur from Oct. 20 - Nov. 10 for the 2018 benefit plan year. Open enrollment is a time when you can make changes to your benefits without experiencing a qualifying life event. On Oct. 20, you will be alerted by email that your open enrollment event can be accessed through your Workday inbox. You can complete your open enrollment at home or at work. Instructions on how to complete open enrollment will be provided closer to the open enrollment dates.

In addition, we will be offering special enrollment drop-in times in the Human Resources/Benefits Office: Tues., Oct. 31; Wed., Nov. 1; Tues., Nov., 7; and Fri., Nov. 10, from 6:30 - 8:30 a.m. and 1 - 4:30 p.m.

**Biometric Screening**

On behalf of the Corporate and Local Wellness Committees, Masonic Village is offering FREE biometric screenings to all employees on Thurs., Oct. 26, and Fri., Oct. 27, from 6 a.m. - 4 p.m. The screenings will take place in conjunction with the Employee Benefits Fair. The test will involve a fingerstick and will test for total cholesterol, HDL, LDL, triglycerides and glucose. Please note, for accurate results, it is recommended (not required) to fast a minimum of nine hours and drink plenty of water prior to testing. Tell the practitioner, if you are not fasting. Employees wanting to participate will be required to register for a screening time online at Integrated Health. Walk-ins are welcome, but will be taken after the registered participants. **Registration ends on Wed., Oct. 25 at 12 a.m.**

Results will be uploaded to your Highmark Wellness Profile by Fri., Nov. 19.

**Medicare 101 Seminar**

The Benefits Office is once again offering the Medicare 101 seminar on Tues., Nov. 14, from 4:15 - 5:30 p.m. in the Deike Auditorium. If you are considering retiring, want to compare Medicare to Masonic Villages’ medical plan or if your parents, a spouse or other family members are on Medicare, the Medicare alphabet soup (Part A, B, C, D, etc.) can be somewhat overwhelming and confusing.

Tony Montgomery, senior plan advisor from Murray Securus Insurance, will be the presenter. Tony explains the different parts of Medicare in an easy to understand way. Please consider attending this informative session about what you need to know about Medicare. Family and friends are invited to attend.

Please contact Sue Creveling, benefits specialist, at ext. 33386 or screveli@masonicvillages.org to register.
Due to popularity and great reviews, we are once again offering retirewise®. This is a complimentary retirement education opportunity offering the tools you need to clarify your goals and take action. Through MetLife, Masonic Village is offering four sessions:

**Building the Foundation: Thurs., Oct. 26, from 4:15 - 5:45 p.m.**
Deike Auditorium, Freemasons Cultural Center

**Creating and Managing Wealth: Thurs., Nov. 2, from 4:15 - 5:45 p.m.**
Masonic Conference Center Williamson Multimedia Room

**Establishing Your Retirement Income Stream: Thurs., Nov. 9, from 4:15 - 5:45 p.m.**
Masonic Conference Center Williamson Multimedia Room

**Making the Most of What You Have: Thurs., Nov. 16, from 4:15 - 5:45 p.m.**
Masonic Conference Center Williamson Multimedia Room

In just a few sessions, you’ll have a step-by-step approach to creating a realistic financial and retirement plan that works for you. You’ll also have more confidence knowing that you’re better prepared, more informed and ready to take control of your financial life. It doesn’t matter how much or how little financial planning you’ve done, or if your retirement is years away – retirewise® workshops are well worth your time. And there’s no prep work required. To learn more and register, go to metlifeplansmart.com. Sign up for as many or as few sessions as you wish to attend. One-on-one consultations are available for those who are interested. Please attend on your personal time.
Walk to End Hunger

On Sun., Oct. 15, at 1 p.m., the 2017 CROP Hunger Walk, sponsored by United Churches of the Elizabethtown Area, will begin with registration at Christ Lutheran Church, 125 E. High St., Elizabethtown. The walk will begin at Christ Lutheran and proceed to the Formal Gardens at the Masonic Village where water, fruit and other goodies will be available. The walk is roundtrip, back to Christ Lutheran, and covers 3.75 miles. Please consider your own health condition and choose a walking distance appropriate for you. You don’t have to walk the entire distance and may join the group at any point along the way, e.g. the train station, Masonic Village entrance, Formal Gardens, etc. There is no age limit, and people may walk with their dogs (must be on a leash). If you are not able to walk, you may still contribute directly or sponsor someone who will be participating in the walk.

The United Churches of Elizabethtown is proud to announce that $250,000 has been raised since donations were first received for CROP Walk 43 years ago. Our community can be proud to have united together in support of the CROP Hunger Walk to raise funds to end hunger in our community and throughout the world. This year, we can work together to do our part and continue to make a difference in people’s lives. Twenty percent of the funds raised for this walk will go to the Elizabethtown Community Cupboard Food Bank.

If you have any questions, please contact Pastor Gary S. George at ext. 33610 or ggeorge@masonicvillages.org. To register online, go to crophungerwalk.org.

Blessing of the Animals

Join the Spiritual Care Department for a special Blessing of the Animals Service on Sun., Oct. 8, at 2 p.m., in the Village Green Area. To ensure all the companions get along peaceably, have your pet on a leash or in a secure carrier for the safety of the other animals. Children are encouraged to bring their stuffed animals. In the event of rain, the service will be canceled.
Get in Step: Join a Walking or Running Group

Interested in joining a walking or running club here at Masonic Villages? Lydia Greinermiller, wellness specialist, is looking to bring together like-minded individuals who would like to improve their health and well-being through walking and/or running together!

Email your name, department, contact number, contact email address and availability times to lgreinermi@masonicvillages.org.

Are You Adventurous?

Sept. 6 - Oct. 27 • Baird Wellness Center
Wednesdays and Fridays
9 - 9:30 a.m. and 4:30 - 5 p.m.
$5 per class

Do you enjoy challenging yourself mentally and physically? Then you will enjoy our Adventure Challenge this fall. Join us for challenging outdoor activities or inside activities due to inclement weather. You will be challenged in ways you never imagined. Pre-registration at the Baird Wellness Center is required weekly. Registration for each week's class will end on the Monday of that week. For more information, contact the Baird Wellness Center at ext. 33783.

60-Day Exercise Challenge

10 MINUTES = $0.10

Now through Oct. 31, Baird Wellness Center members may log their exercise minutes at the wellness center to benefit Masonic Village Hospice. For participating, you will be entered to win a $100, $50 or $25 Visa gift card. A drawing will take place every two months. In partnership with the Ackroyd Family Foundation®.
Splash Bash!
Friday, Oct. 13
7:30 - 9:30 p.m.
Patton Pool
Swim for FREE.
Show your employee badge to the lifeguard and sign in. Only employees, employee spouses and employee dependants are eligible. Dependants include children, step-children and/or court-ordered eligible foster children, birth to age 26.

Red Cross Lifeguard Recertification Class
Sundays • Oct. 15 & Oct. 22
8 a.m. - 1 p.m. • Patton Pool
Must sign up through GEARS by calling 717-367-0355.

Water Safety Instructor Certification Class
Nov. 5 - Nov. 19
Patton Pool
Sundays • Nov. 5, 12, & 19 • 8 a.m. - 2 p.m.
Tuesdays • Nov. 6, 13 • 7 - 9:30 p.m.
Patton Pool
Must sign up through GEARS at 717-367-0355

Morning Aquacise
Tues. & Thurs. • Oct. 31 - Dec. 12
10:30 – 11:15 a.m.
Patton Pool
Registration: Oct. 6 - 24
Cost: $29
Orchard View Café

Featured ice cream flavors are Pumpkin and Java Cookies.

Featured Sundae: Pumpkin Roll

Fall Hours:
Mon. - Thurs., 11 a.m. - 5 p.m.,
Fri. - Sat., 11 a.m.- 6 p.m., Sun., noon - 6 p.m.

Village Café

Open Sunday - Saturday
Breakfast: 7:30 - 10 a.m.
Lunch: 10 a.m. - 1:30 p.m.
Dinner: 3:30 - 6 p.m.
ext. 33113

Salad Bar
By weight at $3.99 per pound.
Make your own salad with mixed greens and a variety of toppings.
Chicken strips - add $.30 per pound.
Dressing packet - $.25 each.
Masonic Village’s Honeycrisp, Zestar!, Jonamac, McIntosh, Ginger Gold, Gala, Red Delicious, Golden Delicious and Cortland apples are available. Shop for your fall decoration supplies: Pumpkins, gourds, squash, Indian corn, straw bales, corn stalks, hardy mums, fall planters and much more. Follow us on Facebook to see what’s new in the Farm Market and for weekly specials.

Fall Hours:
Mon. - Sat., 9 a.m. - 5 p.m., Sun., noon - 4 p.m.

Pick-your-own apples and pumpkins,
Mon. - Sat., 9 a.m. - 3 p.m., Sun., noon - 3 p.m.
New Employees

Erika Carrier, nursing assistant
David Falcon, dining attendant
Jozlyn Gallaher, nursing assistant
Kayla Kent, server
Jill Kise, dining attendant
Cara May, nursing assistant
Tina Mull, nursing assistant
Katlyn Nix, nursing assistant
Kathryn Schwalm, nursing assistant
Ashley Stoltzfus, LPN/charge nurse
Catherine Stout, nursing assistant
Rachel Warner, nursing assistant

Massing of the Colors

If you would like to assist in the “Massing of the Colors” memorial flag installation on Sat., Nov. 4, at 9:30 a.m., please contact Liz Grosh, recreation coordinator, for more details at ext. 33277 or at lgrosh@masonicvillages.org.
OD & T Classes

To schedule OD&T classes, contact Todd Weitzel, OD&T administrative assistant, at ext. 33390. All classes are listed in the Course Catalog on the Intranet and are held in the Masonic Health Care Center’s Washington 1 Classroom, unless otherwise noted. To receive credit, attendance forms must be filled out completely and legibly.

3 P’s of Communication
Wed., Nov. 1 (8 a.m. - 4 p.m.)

Achieve a Healthier You
Wed., Dec. 20 (1:30 - 2:30 p.m.)

Addressing Poor Performance
Wed., Dec. 6 (8 a.m. - noon)

Annual Abuse Awareness
Tues., Oct. 24 (9:30 - 10:30 a.m., 1- 2 p.m., 2:30 - 3:30 p.m., 9:30 - 10:30 p.m., 10:30 - 11:30 p.m., 11:30 p.m. - 12:30 a.m. (Wed., Oct. 25)

Coaching Supervision 1-Hour Refresher
You must have attended the two-day course.
Thurs., Nov. 30 (9:15 - 10:15 a.m. or 2:15 - 3:15 p.m.)

Communicating with Impact
Tues., Dec. 5 (8 a.m. - noon)

Hand in Hand
Wed., Nov. 29 (8 a.m. - 4 p.m.)

Lunch & Learn: Blood Pressure
Tues., Oct. 10 (Noon - 1 p.m.)

Managing Your Healthcare and Living Well
Wed., Nov. 8 (1 - 2 p.m.)

Mental Health First Aid (MHFA)
Thurs., Nov. 16 (8 a.m. - 4:30 p.m.)
Half-hour provided for lunch.

Networking for Enhanced Collaboration
New Class
Thurs., Oct. 19 (8 a.m. - noon)

Orientation to Our Culture I
Wed., Oct. 25 (8 a.m. - 4 p.m.)
Tues., Oct. 31 (8 a.m. - 4 p.m.)
Tues., Nov. 28 (8 a.m. - 4 p.m.)

Question, Persuade, Refer (QPR)
Wed., Dec. 13 (8 - 11 a.m. or 1 - 4 p.m.)

Resident Advocate Training
Wed., Oct. 18 (8 a.m. - noon)
Wed., Nov. 15 (8 a.m. - noon)
Wed., Dec. 20 (8 a.m. - noon)

To schedule the following CPR classes, contact Diana Sarver, CPR training center coordinator, ext. 33816.

Basic Life Support Provider (CPR)
Mon., Oct. 9 (5:30 - 9 p.m.)
Mon., Oct. 23 (11:30 a.m. - 3 p.m.)
Tues., Nov. 7 (11:30 a.m. - 3 p.m.)
Tues., Dec. 12 (11:30 a.m. - 3 p.m.)

Heartsaver First Aid
Mon., Nov. 6 (11:30 a.m. - 3 p.m.)
What's Ahead for Masonic Villages - Part 3
by Cindy Phillips, executive director

This is the third article in a series explaining our strategic plans for the expected trends in each of the key service areas on campus. We do strategic planning every year, and while it’s difficult to predict exactly what will happen over the next few years, we plan for the key shifts we expect to ensure we can continue delivering our Mission.

Having only started in 1990, retirement living is our largest service here at Elizabethtown. We currently have 983 living units. The Village Green area includes 207 apartments and studios with 126 more apartments in Sycamore North and South. The Village Apartments, Brown Building, Charles and Louis Eisenlohr Buildings and the two Smith Buildings have a total of 112 units, and there are another 220 apartments in James Buchanan. We currently have 316 cottages across campus, with 72 more under construction.

One advantage to our campus is the diverse offering of retirement living units in style and size. In addition, Masonic Village was one of the first continuing care retirement communities in the area to offer a rental option. This enables us to offer residents who cannot afford an upfront entrance fee payment, to select from rental units at a higher monthly rate. We are proud that our occupancy has remained at 95 percent or higher over the past decade, and that is well above the national average. This is key to our financial health and enables us to continue to provide our mission.

Here are the questions we often get that really explain some of our retirement living strategies:

**Why do we continue to grow - adding cottages and townhomes?**

The simple answer is demand. The volume of baby boomers is just starting to show up at our door, and our waiting list for cottages and larger apartments is already deep, some waiting one to two years for an available unit. We are not alone; a recent news article showcased the continuing care retirement communities in Lancaster County which collectively have over $220 million in growth projects underway. Another reason for growth is economic. As we grow retirement living, it helps us spread our fixed costs such as roads, walking paths, buildings, restaurants, software expenses, etc., over more resident units. This helps us offset the growing cost of these items and enables us to limit the increase to our service fees.

**What other expansions are planned for the next five years?**

As you’ve heard, we are marketing a new style unit and resident service plan called The Townhomes at Sycamore Square. This is a unique, first-time offering to those who might move to a 55 plus community prior to moving to Masonic Village. If we get the interest we expect, these 48 units could be available in late 2018 or early 2019. We could also consider and propose another cottage project in the next five years, but only if demand continues and we believe it would benefit our campus.

**How will “aging-in-place” impact us?**

Just like other service lines on campus, some retirement living residents are moving to us later and with more health challenges. We also expect they will want to stay in their apartments and cottages longer. Our home and community based services like Home Care, Hospice and Home Health will grow to support this. In addition, our recent announcement about our partnership with K4Community for smart home technology will enable things like telemedicine, remote health monitoring and other assisting technology. These tools will enable our staff to support our residents and serve them longer in their homes on campus.

**Will we do a low-income housing project like other Continuing Care Retirement Communities in the area?**

We were well ahead of this trend, as our mission has always provided this. For decades, we’ve had Masonic affiliated residents living in the Village Green Area with financial assistance provided to those who could not afford to live here otherwise. Currently, we are serving approximately 80 residents in this manner.

There are a lot of choices in Lancaster County for those looking to move into retirement communities. We will continue to market what makes us special and invest in new things to keep us relevant. We already have a beautiful campus, excellent staff and provide great activities, clubs and wellness programming, access to high quality health care, and top-notch dining services. With the re-opening of Grand Lodge Hall, we will add a new multimedia room, tavern and outdoor dining on the terrace. These are just a few examples of how we strategically plan to meet the needs of today's residents and position our campus for our next generation of customers.
Quilt Raffle

The resident quilting group, the Piece Makers, is selling tickets for two handmade quilts. One is a red and burgundy twin size and the other is a blue queen size. Each quilt takes six to eight months to complete.

The drawing will be held at 2 p.m. on Autumn Day (Oct. 21), and you don't have to be present to win. Tickets are $2 each, and staff are able to purchase them in advance. If you are interested, please contact Jeanne McIntyre at ext. 13871. Proceeds will benefit a Masonic Village charity.
**Order for a Cause**

**Save the Baking for Us!**

Homemade Pies Benefit Children with Dyslexia

Sponsored by Lancaster Lodge of Perfection, this pie sale benefits the Children’s Dyslexia Center of Lancaster. All pies are 10” deep dish. Make checks payable to “Children’s Dyslexia Center of Lancaster.” Pick up and pay for pies on Tues., Nov. 21, from 2 - 6 p.m., at the receiving dock behind the Brossman Ballroom.

**Orders are due by Fri., Oct. 27**
To order, please contact Joyce Akins at pieandsoupsales@gmail.com.

Available Pies to Order:
- Mince meat ($10/ea.)
- Fresh apple crumb ($10/ea.)
- Cherry crumb ($9/ea.)
- Peach crumb ($9/ea.)
- Pumpkin ($9/ea.)
- Fresh sugar-free apple ($10/ea.)
- Unbaked, frozen apple crumb ($10/ea.)
- Unbaked, frozen cherry crumb ($9/ea.)
- Unbaked, frozen peach crumb ($9/ea.)
- Baked frozen pumpkin ($9/ea.)

**Congratulations**

**Another Successful Blood Drive**

Sixty-five employees and community members gathered for a blood drive in honor of 21-year-old Nate Aller, environmental service worker, on Sept 15. Nate has been receiving weekly blood transfusions since he was diagnosed with aplastic anemia in April. Nate and his father, Bill, maintenance supervisor, express their sincerest thanks to their Masonic Village family.

Blood donated through the drive will go to Nate or to help others like him in the Central Pennsylvania area. Blood was collected from 44 donors, which will save 132 lives!
Mission Statement
Our not-for-profit caring communities and services assist individuals, families and children in realizing their potential and enjoying the highest possible quality of life through the traditions of Freemasonry. “Teambuilder” Submissions & Questions: 717-367-1121, ext. 33383 or bbanta@masonicvillages.org
The Elizabethtown “Teambuilder” is published biweekly by the Public Relations Department.

Reporting Violations
Masonic Village has established a compliance hotline through Lighthouse Services, Inc., to report fraud, unlawful, unethical and other types of improper behavior. Employees may contact Lighthouse Services by using the contact information below. Such reports may be made confidentially and anonymously. Toll-free: 844-600-0095
www.lighthouse-services.com/masonicvillages-reports@lighthouse-services.com
(Must include company name with report.)

Masonic Villages is a Member of LeadingAge, LeadingAge PA, Kairos Health Systems, MCSA.